



# Lough Derg Blueway

Portumna Harbour to Portumna Bridge



## Map Legend

- Beginner Paddling Trail
- Moderate Paddling Trail
- - - Walking / Cycling Trail
- - - Walking Trail
- Accommodation
- Car Park
- Food and Drink
- Fresh Water
- Info
- Jetty
- Put In / Take Out Points
- Shop
- Shower
- Slipway
- Toilets

	Walking and Cycling	km	Walking Time	Cycling Time	Description
<b>1</b>	Portumna Harbour to Portumna Bridge	2.5	0:30	0:10	Join the trail either from Portumna Harbour or Portumna Lifting Bridge. Enjoy panoramas across the expanse of Lough Derg as you follow this flat and easy route, passing the Water Recreation Park along the way.
<b>2</b>	Bonaveen Loop, Portumna Forest	10	2:00	0:40	This trail loops through a variety of trees and open lakeshore. It covers the western side of the park and includes the Bonaveen Point section by the lake. It is on single track which is narrow and twisty in places. This trail is open to bad weather at times and can be quite exposed.
	Walking	km	Time	Description	
<b>3</b>	Rinmaher Loop, Portumna Forest	10	2:00	This loop is mainly on singletrack narrow trails and is suitable for those looking for a longer walk. It begins along a two-way section of trail and covers much of the Park. There are good views along the lakeshore near Rinmaher Point south towards Terryglass and east towards Portumna Bridge.	
<b>4</b>	Woodland Loop, Portumna Forest	2	0:25	This looped trail can be used by family walking groups. The surface is gravel, tarred forest road, wide timber boardwalk and there is a narrow section of the trail. The gradient is minimal. It begins along a two-way section and includes an open area, the viewing platform and the duck pond.	
<b>5</b>	Forest Friendly Loop, Portumna Forest	1.4	0:20	Buggy and wheelchair friendly, this looped trail is on wide and smooth forest road and wide timber boardwalk. It winds gently through trees to a viewing platform close to the shore and on to the duck pond before returning to the carpark.	