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# [Insert Local Authority] Local Sports Plan Survey

#### Introduction

[Insert Local Authority] is leading on the development of a Local Sports Plan for the County. This Plan reflects our commitment Under Action 8 of National Sports Policy 2018- 2027. The following survey provides an opportunity for all people across the County, regardless of age, gender, ethnic background, ability or location to help us to develop a Plan which reflects your aspirations and requirements for sports and physical activity.

By “sport” we mean all forms of physical activity which, through casual or organised participation, aims at expressing or improving physical fitness and mental wellbeing, forming social relationships or obtaining results in competition at all levels. This means our plan will consider all forms of recognised sport physical activity (recreational and competitive) from exercise and fitness, playing sports, walking, dancing and cycling to structured participation in schools and clubs.

To help us develop the Plan we are asking people living across [Insert County] to complete this short survey. Completion of the survey means that your response will remain entirely anonymous.

**Participating in the survey**

Participation in this survey is entirely voluntary. If you decide to answer the questions you can still change your mind. You can stop at any time.

**What we do with the information you provide**

At the end of the survey, you will be asked about your age, gender, ethnicity, disability, sexual orientation. The reason for asking these questions is that we understand that barriers and challenges may be different for different people, this will allow us to filter results and identify which challenges and barriers are most applicable to each target group. Information is gathered via this survey for the purpose of informing the development of the Local Sports Plan only, information will not be used in conjunction with any other purpose.

The survey takes around 10 minutes to complete, but it's ok if it takes longer.

If you feel there are other questions or information that would help us, please add them at the end of the survey.

Thank you for taking the time to complete this survey. We greatly appreciate your input.

**Page 1: Area and Age**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Question | Response Type | Response Options | Logic | Notes |
| Which electoral area do you reside in? | Drop Down | Insert electoral areas relevant to local authority | None | n/a |
| What age range are you in? | Multiple choice | * Under 76 * 65+ * 55-64 * 45-54 * 35-44 * 25-34 * 20-24 * 16-19 | None | n/a |
| Which of these best describes your gender identity? | Multiple choice | * Male * Female * Prefer not to say * A gender not listed here * Other | None | n/a |

**Page 2: Current Participation**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Question | Response Type | Response Options | Logic | Notes |
| Over the past 7 days, how many days were you physically active for at least 30 minutes per day | Multiple choice | * 0 days * 1 day * 2 days * 3 days * 4 days * 5 days * 6 days * 7 days | None | n/a |
| How would you usually participate in sport and physical activity? Please select all that apply. | Check Boxes | * Training/coaching/lesson * Competition * Community/LSP programme * With family or friends * On your own * Other (please specify) | None | n/a |
| Please select the places where you normally take part in sport and physical activity: Please select all that apply. | Multiple choice | * At home * In a gym * In a community centre * In a sports hall * On indoor/outdoor courts * In a swimming pool * Greenways/Blueways * On a sports pitch * On a community green * At an athletics track * On open water * On the road/footpath/cycle paths * At school * Other (please specify) | None | n/a |
| Are you part of a sport and physical activity club or group? If so, please give the name of the organisation(s). | Multiple Choice | * Yes * No | None | Include space to name club/organisation |
| Over the past 7 days, how many days did you commute to work/school/recreation activities by walking or cycling? | Multiple choice | * 0 days * 1 day * 2 days * 3 days * 4 days * 5 days * 6 days * 7 days | None | n/a |
| Which of the following sports and activities do you take part in most often or are you most interested in? Choose up to 5 | Check Boxes | * American Football * Archery * Athletics * Badminton * Basketball * Bowling * Boxing * Camogie * Canoeing * Cricket * Cycling * Dance * Fencing * Fitness classes * Football (Soccer) * Gaelic Games (Gaelic football, hurling, camogie, handball) * Golf * Gymnastics * Handball * Hockey * Horse Sport * Ice Skating * Jogging * Judo * Kayaking * Martial Arts * Mountaineering * Pilates * Racquetball * Rowing * Rugby * Running * Sailing * Squash * Surfing * Swimming * Tennis * Trampolining * Volleyball * Walking * Waterpolo * Weightlifting * Wrestling * Yoga * None of the above * Other | None | n/a |

**Page 3: Motivation**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Question | Response Type | Response Options | Logic | Notes |
| What are your three main reasons for taking part in sport and/or physical activity? | Check Boxes | * To improve my health and fitness * To relax * To improve my athletic skills * To compete with others * To spend time with family and friends * To control my weight * To improve how I look * To have fun * To improve my mental/emotional wellbeing * Other (please specify) | None | n/a |
| Overall, how would you rate opportunities to participate in sport, physical activity and recreation in [insert local authority]? On a scale of 1-10, where l=very poor and l0=excellent | Ranking/Slider Scale | * 0 * 1 * 2 * 3 * 4 * 5 * 6 * 7 * 8 * 9 * 10 | None | n/a |

**Page 4. Barriers**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Question | | Response Type | | Response Options | | Logic | | Notes |
| To what extent do you agree or disagree with these views on participation in sport and physical activity? | | Matrix/Rating Scale | | * Strongly Disagree * Disagree * Neither Agree or Disagree * Agree * Strongly agree | | None | | n/a |
| **List of views**   * My health prevents me from doing more sport or physical activity. * I don't know where I can go to do sports or physical activities I like * The cost of sport or physical activity is affordable to me * Sport and physical activity can help me achieve a goal. * I can include sport and physical activity part of my weekly routine * I would like to do more sport or physical activity | | | | | | | | |
| What are the main reasons that prevent you from participating in sports or physical activity? (select the main 3) | Check Boxes | | * Injury, illness or disability * Too expensive * Personal Safety * Lack of facilities * Lack of time due to work * Lack of transport * Lack of time due to family commitments * Age * Lack of motivation * Other (please specify) | | None | | n/a | |
| What stops you from walking/cycling more? (select the top 2) | Check Boxes | | * The distance to commute is too far * Don't have the physical fitness or ability * Weather * Lack of access to shower facilities * Cycling infrastructure is not adequate * The cycle routes are not safe * Lack of storage * Other (please specify) | | None | | n/a | |

**Page 5. Facilities**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Question | | Response Type | | Response Options | | Logic | | Notes |
| To what extent do you agree or disagree with the following statements about sports and physical activity facilities in [Insert local authority] | | Matrix/Rating Scale | | * Strongly Disagree * Disagree * Neither Agree or Disagree * Agree * Strongly agree | | None | | n/a |
| **List of views**   * Sport and physical activity facilities in [insert County] are accessible * The facilities cater for the type of sport or physical activity I want to take part in * The facilities cater for the level of sport or physical activity I want to take part in * The facilities are affordable * The facilities feel safe and welcoming * My local school makes sport and physical activity facilities accessible to the local community after school hours and on weekends | | | | | | | | |
| What could be done to make sport and physical activity facilities more accessible to you in [insert local authority]? (select the top 3) | Check Boxes | | * Expand hours of delivery * Provide a larger variety of facility types * Better advertising of what is available * Improve the quality of facilities * Improve transport to facilities * Improve accessibility for people with disabilities * Cater for different levels of participation * Reduce cost * Other (please specify) | | None | | n/a | |

**Page 6. Priorities**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Question | Response Type | Response Options | Logic | Notes |
| Over the next 5 years, what three things could be done locally to improve participation in sport and physical activity? | Multiple Text Boxes | Open ended | None | n/a |

**Page 7: About you**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Question | Response Type | Response Options | Logic | Notes |
| What is your ethnicity? | Multiple choice | * White Irish * Irish Traveller * Any other white background * Black or Black Irish * Any other black background * Asian or Asian Irish * Any other Asian background * Prefer not to say * Other (please specify) | None | n/a |
| What is your current sexual orientation? | Multiple choice | * Asexual * Bisexual * Gay/Lesbian * Heterosexual/Straight * Prefer not to say * Other (please specify) | None | n/a |
| Do you have a long-term illness, health problem or disability? | Multiple choice | * Yes * No * Prefer not to say | None | n/a |

**Conclusion**

These templates were created by Sport Ireland with the support of 8 Local Authorities (Carlow, Cavan, Clare, Dun Laoghaoire Rathdown, Dublin City, Fingal, South Dublin) and S3 Solutions in 2024.

Contact [participation@sportireland.ie](mailto:participation@sportireland.ie) with any queries.

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