

European Week of Sport 2017

Date	County	Event	Description	Focus Theme	Organiser	Location	Website	Social Media	Email
23-Sep	Cavan	parkrun	Cootehill parkrun is a free weekly event for people of all ages and abilities who would like to take part in a timed 5km run or walk with the support of like-minded people. The free event is run by community volunteers. The age profile of our parkrunners ranges from 6years to 70years.	Outdoor	Cootehill parkrun	Halton's Amenity Park, Monaghan Road, Cootehill.	https://www.parkrun.ie/cootehill/	https://www.facebook.com/Cootehill-parkrun-354642804697644/	cootehilloffice@parkrun.com
23-Sep	Donegal	parkrun	A free weekly timed 5K run/walk/jog community event run by the community for the community	Outdoor	Letterkenny parkrun	St Conals. Kilmacrennan Rd, Letterkenny	www.parkrun.ie/letterkenny/Letterkenny_parkrun	https://www.facebook.com/Letterkenny-parkrun-1050865804976159/	letterkennyoffice@parkrun.com
23-Sep	Monaghan	parkrun	A free weekly, timed 5K run/walk/jog community event run by the community for the community	Outdoor	Castleblayney parkrun	Muckno Park, Castleblayney, Co Monaghan	https://www.parkrun.ie/castleblayney/	https://www.facebook.com/Castleblayneyparkrun/	castleblayneyoffice@parkrun.com
23-Sep	Donegal	parkrun	Free Timed run or walk every Saturday morning at 9.30am. All abilities welcome	Outdoors	Dungloe parkrun	Riverwalk, carnmore road, Dungloe, Co. Donegal	www.parkrun.ie/dungloe	https://www.facebook.com/dungloeparkrun/	dungloeoffice@parkrun.com

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24-Sep	Antrim	Paratriathlon Training Session	We would like to see more people getting involved in paratriathlon. If you have an interest in paratriathlon and would like to try out handtrikes, tandem bikes or swimming sessions, please come along to one of our monthly training days where you will meet coaches and other paratriathletes and take part in planned activities.	Outdoor, Education, parasport	Triathlon ireland	Valley Leisure Centre Church Road, Newtownabbey, County Antrim, BT36 7LJ	https://www.triathlonireland.com/Get-Involved/Paratriathlon/Paratriathlon-Sunday-Training.html		eamonn@triathlonireland.com
25-Sep	Donegal	Fun pentathlon	5 fun events for all first years	Education	St Columba's college stranorlar co Donegal	St Columba's stranorlar, Co. Donegal			nikiharris@eircom.net
29-Sep	Donegal	Take on the Teacher/Parents Challenge	Our school will complete a series of challenges including: *Penalty Shoot Outs *Obstacle Courses *Relays *Dance Offs The teachers/parents will take on the children in these challenges. The challenges will be active and fun and doable for all included. Photos will be taken on the day and pictures will be uploaded.	Outdoor	Inver National School	Inver National School, Cranny Lower, Inver, Co. Donegal			invernationalschool@eircom.net
30-Sep	Cavan	parkrun	Cootehill parkrun is a free weekly event for people of all ages and abilities who would like to take part in a timed 5km run or walk with the support of like-minded people. The free event is run by community volunteers. The age profile of our parkrunners ranges from 6years to 70years.	Outdoor	Cootehill parkrun	Halton's Amenity Park, Monaghan Road, Cootehill.	https://www.parkrun.ie/cootehill/	https://www.facebook.com/Cootehill-parkrun-354642804697644/	cootehilloffice@parkrun.com

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30-Sep	Monaghan	parkrun	A free weekly, timed 5K run/walk/jog community event run by the community for the community	Outdoor	Castleblayney parkrun	Muckno Park, Castleblayney, Co Monaghan	https://www.parkrun.ie/castleblayney/	https://www.facebook.com/Castleblayneyparkrun/	castleblayneyoffice@parkrun.com
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23rd-30th Sep	Nationwide	Get Going...Get Rowing programme	Schools wishing to take part in an on the water taster session will be facilitated to do so at Rowing Ireland affiliated clubs in Get Going...Get Rowing centres around the country.	Outdoor, Education, Clubs	Rowing Ireland	Schools wishing to take part in an on the water taster session will be facilitated to do so at Rowing Ireland affiliated clubs in Get Going...Get Rowing centres around the country.	www.getgoinggetrowing.com	https://www.facebook.com/GetGoingGetRowing https://twitter.com/get_rowing	michelle.carpenter@rowingireland.ie

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23-Sep -30-Sep	Nationwide	Go Green Go Blue Go Outdoors	We are interested in promoting and tracking responses to exercise in different settings -from gyms, pitches and outdoor activities in green and blue natural spaces (termed green or blue exercise). We use twitter hashtags (explained with infographics on our twitter feed and web sites) to help participants track their activity and how it makes them feel (using emoticons). For example: #greenexercise #natureandus (or #natureandme if with others) #parkrun #9 (effort out of 10) #-(-) (how you feel before and after exercise).	Outdoor, Fitness Centres, Clubs	GO GREEN EX (University of Limerick) and NEAR health (NUI Galway)	Virtual	www.gogreenex.org http://www.nuigalway.ie/near-health/	https://twitter.com/Gogreenex https://www.facebook.com/gogreenex/	tadhg.macintyre@ul.ie
25- Sep - 29-Sep	Donegal	Run Around Europe Challenge	Run Around Europe Challenge, Take on the Teachers Challenge, Active Homework, Wake Up Shake Up Activity		St. Safan's N.S.	Drumdoit, Castlefinn, Co. Donegal	www.stsafans.com	https://www.facebook.com/stsafans/	naomikillen@hotmail.com
25-Sep - 29-Sep	Nationwide	Capital city row	Schools in the Get Going...Get Rowing programme will be encouraged to row to capital cities in the Active Schools challenge	Education	Rowing Ireland	Schools across the country taking part in the Get Rowing programme	www.getgoinggetrowing.com	https://www.facebook.com/GetGoingGetRowing https://twitter.com/get_rowing	michelle.carpenter@rowingireland.ie
25-Sep -29 Sep	Donegal	#BeActive Schools' Campaign	A week long campaign of activity in schools as part of the European Week of Sport.	Education	Gairmscoil chú uladh	An clochan condae dhún na ngall		https://www.facebook.com/Gairmscoil-Ch%C3%BA-Uladh-341378369340234/ https://twitter.com/GcuSlainte	Gcu@donegaletb.ie

