

European Week of Sport 2017

Date	County	Event	Description	Focus Theme	Organiser	Location	Website	Social Media	Email
23-Sep	Wexford	parkrun	Free weekly 5k parkrun, its free and run by volunteers	Outdoors	New Ross parkrun	Jfk arboreteum	www.parkrun.ie/newross	https://www.facebook.com/newrossparkrun/	newrossoffice@parkrun.com
30-Sep	Wexford	parkrun	Free weekly 5k parkrun, its free and run by volunteers	Outdoors	New Ross parkrun	Jfk arboreteum	www.parkrun.ie/newross	https://www.facebook.com/newrossparkrun/	newrossoffice@parkrun.com
23-Sep	Kildare	parkrun	Run, walk or jog a free timed 5k	Outdoors	Castletown parkrun	Castletown House and Parklands, Celbridge	www.parkrun.ie/castletown	https://twitter.com/Ctownparkrun https://www.facebook.com/Castletown-parkrun-Celbridge-913933025359524/?hc_ref=PAGES_TIMELINE	Castletownoffice@parkrun.com
30-Sep	Kildare	parkrun	Run, walk or jog a free timed 5k	Outdoors	Castletown parkrun	Castletown House and Parklands, Celbridge	www.parkrun.ie/castletown	https://twitter.com/Ctownparkrun https://www.facebook.com/Castletown-parkrun-Celbridge-913933025359524/?hc_ref=PAGES_TIMELINE	Castletownoffice@parkrun.com
23-Sep	Louth	parkrun	parkrun. A free weekly timed 5KM run or walk for people of all abilities run by volunteers from the local community.	Outdoors	Dundalk parkrun	DKIT, Dublin Road, Dundalk	www.parkrun.ie/dundalk	https://www.facebook.com/Dundalkparkrun/ https://twitter.com/dundalkparkrun?lang=en	dundalkoffice@parkrun.com
30-Sep	Louth	parkrun	parkrun. A free weekly timed 5KM run or walk for people of all abilities run by volunteers from the local community.	Outdoors	Dundalk parkrun	DKIT, Dublin Road, Dundalk	www.parkrun.ie/dundalk	https://www.facebook.com/Dundalkparkrun/ https://twitter.com/dundalkparkrun?lang=en	dundalkoffice@parkrun.com
23-Sep	Meath	parkrun	Free 5k timed run held weekly	Outdoors	Navan parkrun	Blackwater park navan co.meath	www.parkrun.ie/navan	https://www.facebook.com/Navan-parkrun-914685738568393/	navanoffice@parkrun.com
30-Sep	Meath	parkrun	Free 5k timed run held weekly	Outdoors	Navan parkrun	Blackwater park navan co.meath	www.parkrun.ie/navan	https://www.facebook.com/Navan-parkrun-914685738568393/	navanoffice@parkrun.com
23-Sep	Wexford	parkrun	Gorey parkrun is a FREE weekly 5km event for runners of all standards, which takes place every Saturday at 9:30am. We want to encourage people to jog or run together irrespective of their ability – this event is truly open to all and best of all it really is FREE!	Outdoors	Gorey parkrun	Gorey Park & Showgrounds, Fort Road, Gorey, Co Wexford	http://www.parkrun.ie/gorey	https://m.facebook.com/Gorey-parkrun-116434732159176/ https://twitter.com/goreyparkrun?lang=en	goreyoffice@parkrun.com
30-Sep	Wexford	parkrun	Gorey parkrun is a FREE weekly 5km event for runners of all standards, which takes place every Saturday at 9:30am. We want to encourage people to jog or run together irrespective of their ability – this event is truly open to all and best of all it really is FREE!	Outdoors	Gorey parkrun	Gorey Park & Showgrounds, Fort Road, Gorey, Co Wexford	http://www.parkrun.ie/gorey	https://m.facebook.com/Gorey-parkrun-116434732159176/ https://twitter.com/goreyparkrun?lang=en	goreyoffice@parkrun.com

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23-Sep	Kildare	parkrun	Free weekly, timed 5km parkrun at Ireland's only racecourse parkrun. A community event organised and run by a team of local volunteers to encourage everybody to get up, get out, get active!	Outdoors	Naas parkrun	Naas racecourse, Tipper Road, Naas, Co. Kildare	www.parkrun.ie/naas	https://www.facebook.com/naasparkrun/	naasoffice@parkrun.com
30-Sep	Kildare	parkrun	Free weekly, timed 5km parkrun at Ireland's only racecourse parkrun. A community event organised and run by a team of local volunteers to encourage everybody to get up, get out, get active!	Outdoors	Naas parkrun	Naas racecourse, Tipper Road, Naas, Co. Kildare	www.parkrun.ie/naas	https://www.facebook.com/naasparkrun/	naasoffice@parkrun.com
23-Sep	Longford	parkrun	Free 5km run for runners and walkers of all abilities	Outdoors	Longford parkrun	The Mall Co. Longford	www.parkrun.ie/longford	https://www.facebook.com/Longford-parkrun-1767208576834752/ https://twitter.com/parkrunlongford?lang=en	longfordoffice@parkrun.com
30-Sep	Longford	parkrun	Free 5km run for runners and walkers of all abilities	Outdoors	Longford parkrun	The Mall Co. Longford	www.parkrun.ie/longford	https://www.facebook.com/Longford-parkrun-1767208576834752/ https://twitter.com/parkrunlongford?lang=en	longfordoffice@parkrun.com
23-Sep	Westmeath	parkrun	Mullingar parkrun is a FREE weekly 5km event for runners/ walkers of all standards, which takes place every Saturday at 9:30am in Old Trail Car Park, Newbrook Bridge, Mullingar, Co. Westmeath.	Outdoors	Mullingar parkrun	Old rail trail, newbrook bridge, Mullingar	www.Parkrun.ie/Mullingar	https://www.facebook.com/Mullingar-parkrun-508522019320852/	mullingaroffice@parkrun.com
30-Sep	Westmeath	parkrun	Mullingar parkrun is a FREE weekly 5km event for runners/ walkers of all standards, which takes place every Saturday at 9:30am in Old Trail Car Park, Newbrook Bridge, Mullingar, Co. Westmeath.	Outdoors	Mullingar parkrun	Old rail trail, newbrook bridge, Mullingar	www.Parkrun.ie/Mullingar	https://www.facebook.com/Mullingar-parkrun-508522019320852/	mullingaroffice@parkrun.com
23-Sep	Louth	parkrun	A volunteer run 5km timed cross-country run/walk every Saturday morning at 9.30. Inclusive of all abilities and family focused	Outdoors	Oldbridge parkrun	Oldbridge House, Battle of the Boyne Visitors Centre, Drogheda, County Louth	www.parkrun.ie/oldbridge	https://www.facebook.com/oldbridgeparkrun	oldbridgeoffice@parkrun.com
30-Sep	Louth	parkrun	A volunteer run 5km timed cross-country run/walk every Saturday morning at 9.30. Inclusive of all abilities and family focused	Outdoors	Oldbridge parkrun	Oldbridge House, Battle of the Boyne Visitors Centre, Drogheda, County Louth	www.parkrun.ie/oldbridge	https://www.facebook.com/oldbridgeparkrun	oldbridgeoffice@parkrun.com
23-Sep	Carlow	parkrun	Tullow parkrun provides free 5k run and walks to the surrounding community. We aim to remove all barriers to activity.	Outdoors	Tullow parkrun	Rathwood, Tullow, Ireland.	www.parkrun.ie/tullow	https://www.facebook.com/Tullowparkrun/	tullowoffice@parkrun.com
30-Sep	Carlow	parkrun	Tullow parkrun provides free 5k run and walks to the surrounding community. We aim to remove all barriers to activity.	Outdoors	Tullow parkrun	Rathwood, Tullow, Ireland.	www.parkrun.ie/tullow	https://www.facebook.com/Tullowparkrun/	tullowoffice@parkrun.com

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23-Sep	Westmeath	parkrun	A free, timed, 5km community run	Outdoors	Athlone parkrun	AIT, Athlone, co. Westmeath	http://www.parkrun.ie/athlone/	https://facebook.com/Athloneparkrun/	athloneoffice@parkrun.com
30-Sep	Westmeath	parkrun	A free, timed, 5km community run	Outdoors	Athlone parkrun	AIT, Athlone, co. Westmeath	http://www.parkrun.ie/athlone/	https://facebook.com/Athloneparkrun/	athloneoffice@parkrun.com
24-Sep	Longford	parkrun	2km fun run for kids age 4 to 14	Outdoors	Longford junior parkrun	The Mall Templemichael Longford	parkrun.ie/longford-juniors	https://www.facebook.com/Longford-parkrun-1767208576834752/	longford-juniorsoffice@parkrun.com
23-Sep	Kilkenny	parkrun	Free 5km Walk, Jog or Run	Outdoors	Kilkenny parkrun	Kilkenny Castle Park	www.parkrun.ie/kilkenny	https://www.facebook.com/kilkennyparkrun/	kilkennyoffice@parkrun.com
30-Sep	Kilkenny	parkrun	Free 5km Walk, Jog or Run	Outdoors	Kilkenny parkrun	Kilkenny Castle Park	www.parkrun.ie/kilkenny	https://www.facebook.com/kilkennyparkrun/	kilkennyoffice@parkrun.com
23-Sep	Kildare	parkrun	A FREE timed 5k run/jog /walk around Naas racecourse @ 9.30 every Saturday. Just register for free at parkrun.com & print off your personal barcode and you are all ready for Naas parkrun.	Outdoors	Kildare parkrun	Naas racecourse , Tipper Rd , Naas	https://www.parkrun.ie/naas/	https://www.facebook.com/naasparkrun/	naasparkrun@parkrun.com
30-Sep	Kildare	parkrun	A FREE timed 5k run/jog /walk around Naas racecourse @ 9.30 every Saturday. Just register for free at parkrun.com & print off your personal barcode and you are all ready for Naas parkrun.	Outdoors	Kildare parkrun	Naas racecourse , Tipper Rd , Naas	https://www.parkrun.ie/naas/	https://www.facebook.com/naasparkrun/	naasparkrun@parkrun.com
23-Sep	Laois	parkrun	weekly, free of charge, 5k timed run	Outdoors	Vicarstown parkrun	Grand Canal Bank, Vicarstown, Portlaoise, Co. Laois	http://www.parkrun.ie/vicarstown/	https://www.facebook.com/Vicarstown-parkrun-1455338538063866/	vicarstownoffice@parkrun.com
30-Sep	Laois	parkrun	weekly, free of charge, 5k timed run	Outdoors	Vicarstown parkrun	Grand Canal Bank, Vicarstown, Portlaoise, Co. Laois	http://www.parkrun.ie/vicarstown/	https://www.facebook.com/Vicarstown-parkrun-1455338538063866/	vicarstownoffice@parkrun.com
23-Sep	Kildare	AIG Cups and Shields All-Ireland Finals	The All-Ireland Finals of the AIG Senior Cup and AIG Jimmy Bruen Shield will be the culmination of season-long competition by over 300 clubs - and 4,000 golfers - nationwide.	Clubs	Golfing Union of Ireland	Carton House Golf Club	www.golfnet.ie/guilive	https://www.facebook.com/golfingunionofireland https://twitter.com/GUIGolf	mark@gui.ie

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26-Sep -28-Sep	Wexford	Seniors Home Internationals	Annual international matches played between Ireland, England, Scotland and Wales for each nation's best seven golfers over the age of 55.	Clubs	Golfing Union of Ireland	Rosslare Golf Club	www.golfnet.ie/guilive	https://www.facebook.com/golfingunionofireland https://twitter.com/GUIGolf	mark@gui.ie
24-Sep	Wexford	Ben 5k	This will be the second running of the Ben5k. The first race was a fantastic success. 800 runners finished the race. The race will kick off at 11:00am sharp. All parking will be in Wexford County Council car park and the Department of Environment if we need overflow.	Outdoor, Workplace	Ben5K.com	New road (Park Lane) close to the Faythe Harriers astro pitch, Wexford	http://ben5k.com/	https://www.facebook.com/ben5k/	mary.flynn@wexfordcoco.ie