

## European Week of Sport 2017

Date	Event	Description	Focus Theme	Organiser	Location	Website	Social Media	Email
23-Sep	parkrun	Free weekly timed 5k run/jog/walk	Outdoors	Hartstown parkrun	Hartstown Park, Hartstown, Clonsilla	<a href="http://www.parkrun.ie/hartstown">www.parkrun.ie/hartstown</a>	<a href="https://www.facebook.com/hartstownparkrun/">https://www.facebook.com/hartstownparkrun/</a>	<a href="mailto:hartstownoffice@parkrun.com">hartstownoffice@parkrun.com</a>
23-Sep	parkrun	Free 5km walk or run every Saturday in Malahide Castle park	Outdoors	Malahide parkrun	Malahide Castle, Malahide, Co. Dublin	<a href="http://www.parkrun.ie/malahide">http://www.parkrun.ie/malahide</a>	<a href="https://www.facebook.com/MalahideParkrun/">https://www.facebook.com/MalahideParkrun/</a>	<a href="mailto:malahideoffice@parkrun.com">malahideoffice@parkrun.com</a>
23-Sep	parkrun	Weekly free timed 5k run/ walk, open to all, run by volunteers for the community	Outdoors	St. Anne's parkrun	St. Anne's Park, Raheny, Dublin 5	<a href="http://www.parkrun.ie/stannes">www.parkrun.ie/stannes</a>	<a href="http://www.facebook.com/stannesparkrun">www.facebook.com/stannesparkrun</a>	<a href="mailto:stannesoffice@parkrun.com">stannesoffice@parkrun.com</a>
23-Sep	parkrun	5k, walk, jog or run	Outdoors	Bushy Dublin parkrun	Bushy Park, Terenure, Dublin 6	<a href="http://www.parkrun.ie/bushydublin">www.parkrun.ie/bushydublin</a>	<a href="http://www.facebook.com/bushydublin">www.facebook.com/bushydublin</a> <a href="https://twitter.com/bushydubparkrun?lang=en">https://twitter.com/bushydubparkrun?lang=en</a>	<a href="mailto:Bushydublinoffice@parkrun.com">Bushydublinoffice@parkrun.com</a>
23-Sep	parkrun	A free, weekly, timed 5k run or walk open to everyone of any ability.	Outdoors	Ardgillan parkrun	Ardgillan demesne, Balbriggan, Co Dublin	<a href="http://www.parkrun.ie/ardgillan">parkrun.ie/ardgillan</a>	<a href="https://www.facebook.com/ardgillanparkrun/">https://www.facebook.com/ardgillanparkrun/</a>	<a href="mailto:ardgillanoffice@parkrun.com">ardgillanoffice@parkrun.com</a>
23-Sep	parkrun	River Valley parkrun is a free, timed 5km run that takes place each week in Ward Valley park. We welcome people of all ages, abilities and fitness levels.	Outdoors	River Valley parkrun	Ward Valley Park, River Valley, Swords	<a href="http://www.parkrun.ie/rivervalley">www.parkrun.ie/rivervalley</a>	<a href="http://www.facebook.com/rivervalleyparkrun/">www.facebook.com/rivervalleyparkrun/</a>	<a href="mailto:rivervalleyoffice@parkrun.com">rivervalleyoffice@parkrun.com</a>
23-Sep	parkrun	A free 5k timed run, walk or jog for all ages and abilities. 9:30am Saturday	Outdoors	Donabate parkrun	Newbridge House, Hearse Road, Donabate	<a href="http://www.parkrun.ie/donabate">www.parkrun.ie/donabate</a>	<a href="https://www.facebook.com/Donabate-parkrun-837533829688096/">https://www.facebook.com/Donabate-parkrun-837533829688096/</a>	<a href="mailto:donabateoffice@parkrun.com">donabateoffice@parkrun.com</a>
23-Sep	parkrun	parkrun is a free weekly timed 5K event. Everyone is welcome; walkers, joggers and runners. parkrun continues to strive for a healthier happier planet	Outdoors	Cabinteely parkrun	Cabinteely park Dublin 18	<a href="https://www.parkrun.ie/cabinteely/">https://www.parkrun.ie/cabinteely/</a>	<a href="https://www.facebook.com/Cabinteely-parkrun-1393759177603616/">https://www.facebook.com/Cabinteely-parkrun-1393759177603616/</a>	<a href="mailto:olwyn.dunne@parkrun.com">olwyn.dunne@parkrun.com</a>
23-Sep	parkrun	Free 5km timed run	Outdoors	Marlay parkrun	Marlay park, Rathramham	<a href="http://www.parkrun.ie/marlay/">http://www.parkrun.ie/marlay/</a>	<a href="https://www.facebook.com/marlayparkrun">https://www.facebook.com/marlayparkrun</a>	<a href="mailto:marlayoffice@parkrun.com">marlayoffice@parkrun.com</a>
23-Sep	parkrun	Free timed 5k event suitable for walkers, joggers and runners. We welcome everyone. No barriers to entry.	Outdoors	Griffeen parkrun	Griffeen Park, Hayden's Lane Lucan K	<a href="http://www.parkrun.ie/griffeen">http://www.parkrun.ie/griffeen</a>	<a href="https://www.facebook.com/griffeenvalleyparkrun/">https://www.facebook.com/griffeenvalleyparkrun/</a>	<a href="mailto:paul.richardson@parkrun.com">paul.richardson@parkrun.com</a>
23-Sep	parkrun	5k parkrun. Run , Walk, or Jog .	Outdoors	Shanganagh parkrun	Shanganagh Park. Shankill. Co Dublin	<a href="http://www.parkrun.ie/shanganagh">www.parkrun.ie/shanganagh</a>	<a href="https://www.facebook.com/shanganaghparkrun/">https://www.facebook.com/shanganaghparkrun/</a>	<a href="mailto:shanganaghoffice@parkrun.com">shanganaghoffice@parkrun.com</a>

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23-Sep	parkrun	parkrun is a volunteer led weekly timed 5 kilometre run in local parks. They take place worldwide. Tymon parkrun is 3 years old and attracts between 100 and 150 runners every week.	Outdoors	Tymon parkrun	Limekiln road entrance to Tymon park	<a href="http://www.parkrun.ie/tymon/">www.parkrun.ie/tymon/</a>	<a href="http://www.facebook.com/tymonparkrun">www.facebook.com/tymonparkrun</a>	<a href="mailto:tymonoffice@parkrun.com">tymonoffice@parkrun.com</a>
23-Sep	parkrun	A free timed 5k event open to walkers, runners and joggers of all ages and levels!	Outdoors	Poppintree parkrun	Poppintree park, Poppintree, Dublin	<a href="http://www.parkrun.ie/poppintree">www.parkrun.ie/poppintree</a>	<a href="https://www.facebook.com/poppintreeparkrun/">https://www.facebook.com/poppintreeparkrun/</a>	<a href="mailto:poppintreeoffice@parkrun.com">poppintreeoffice@parkrun.com</a>
23-Sep	parkrun	Free Timed run or walk every Saturday morning at 9.30am. All abilities welcome	Outdoors	Waterstown parkrun	Waterstown Park Waterstown Ave. P	<a href="https://www.parkrun.ie/waterstown/">https://www.parkrun.ie/waterstown/</a>	<a href="https://www.facebook.com/Waterstown-parkrun-Dublin-785513901481939/">https://www.facebook.com/Waterstown-parkrun-Dublin-785513901481939/</a>	<a href="mailto:waterstownoffice@parkrun.com">waterstownoffice@parkrun.com</a>
24-Sep	parkrun junior	A free, weekly 2k run or walk for 4-14 year olds of all abilities.	Outdoors	Rush junior parkrun	Kenure Woods Rush	<a href="http://www.parkrun.ie/rush-juniors/">http://www.parkrun.ie/rush-juniors/</a>	<a href="https://www.facebook.com/Rush-junior-parkrun-915335988548600/">https://www.facebook.com/Rush-junior-parkrun-915335988548600/</a> <a href="https://twitter.com/Rushjuniors">https://twitter.com/Rushjuniors</a>	<a href="mailto:rush-juniorshelpers@parkrun">rush-juniorshelpers@parkrun</a>
24-Sep	parkrun junior	Junior parkrun is a free, weekly, timed event for children aged 4-14. Participants run, jog or walk 2km around the park, which is fully marshalled. A fun way to get kids interested in exercise.	Outdoors	Balbriggan junior parkrun	Bremore Castle Regional Park (off Balbriggan Rd)	<a href="http://www.parkrun.com/Balbriggan-juniors">www.parkrun.com/Balbriggan-juniors</a>	<a href="https://m.facebook.com/profile.php?id=1768673776793021">https://m.facebook.com/profile.php?id=1768673776793021</a>	<a href="mailto:balbriggan-juniorsoffice@parkrun.com">balbriggan-juniorsoffice@parkrun.com</a>
24-Sep	Fingal September Scatter Series / No. 4	Fingal September Scatter Series / No. 4	Outdoors	Fingal Orienteers	Newbridge House Demesne, Donabate, Co. Dublin		<a href="https://www.facebook.com/FingalOrienteers">https://www.facebook.com/FingalOrienteers</a> <a href="https://twitter.com/fingalo?lang=en">https://twitter.com/fingalo?lang=en</a>	<a href="mailto:FingalOrienteers@gmail.com">FingalOrienteers@gmail.com</a>
24-Sep	Newbridge House Orienteering	Orienteering Event in Newbridge House Demesne, Donabate. Fingal Scatter series 4. 3 courses, long, medium, and short. Controls will be placed throughout Newbridge House demesne. Event is open to all, suitable for all ages and levels of fitness.	Outdoors	Fingal Orienteers	Newbridge House Demesne, Donabate, Co. Dublin		<a href="https://www.facebook.com/FingalOrienteers">https://www.facebook.com/FingalOrienteers</a> <a href="https://twitter.com/fingalo?lang=en">https://twitter.com/fingalo?lang=en</a>	<a href="mailto:fin@orienteering.ie">fin@orienteering.ie</a>
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30-Sep	parkrun	Free Timed run or walk every Saturday morning at 9.30am. All abilities welcome	Outdoors	Waterstown parkrun	Waterstown Park Waterstown Ave. F	<a href="https://www.parkrun.ie/waterstown/">https://www.parkrun.ie/waterstown/</a>	<a href="https://www.facebook.com/Waterstown-parkrun-Dublin-785513901481939/">https://www.facebook.com/Waterstown-parkrun-Dublin-785513901481939/</a>	<a href="mailto:waterstownoffice@parkrun.com">waterstownoffice@parkrun.com</a>