

Date	County	Event	Description	Focus Theme	Organiser	Location	Website	Social Media	Email
23-Sep	Mayo	parkrun	A free weekly timed 5K that takes place in the beautiful setting of Belleek Woods	Outdoors	Ballina parkrun	Belleek, Ballina, Co Mayo	<a href="https://www.parkrun.ie/ballina/">https://www.parkrun.ie/ballina/</a>	<a href="https://www.facebook.com/Ballina-parkrun-695583733865242">https://www.facebook.com/Ballina-parkrun-695583733865242</a>	<a href="mailto:ballinaoffice@parkrun.com">ballinaoffice@parkrun.com</a>
23-Sep	Galway	parkrun	parkrun is a free 5km timed event taking place at 9.30am every Saturday morning.	Outdoors	Knocknacarra parkrun	Cappagh Park, Knocknacarra, Galway	<a href="http://www.parkrun.ie/knocknacarra/">http://www.parkrun.ie/knocknacarra/</a>	<a href="https://www.facebook.com/knocknacarraparkrun">https://www.facebook.com/knocknacarraparkrun</a> <a href="https://twitter.com/galwayparkrun">twitter.com/galwayparkrun</a>	<a href="mailto:rob.partridge@parkrun.com">rob.partridge@parkrun.com</a>
23-Sep	Mayo	parkrun	Free, timed and fun 5k walk, run or jog at Europes most Westerly parkrun! Open to all ages and abilities with refreshments afterwards	Outdoors	Erris parkrun	Cross Lake, Cross, Binghamstown, Belmullet, Co. Mayo	<a href="http://www.parkrun.ie/erris">www.parkrun.ie/erris</a>	<a href="https://www.facebook.com/errisparkrun/">https://www.facebook.com/errisparkrun/</a> <a href="https://twitter.com/errisparkrun">https://twitter.com/errisparkrun</a>	<a href="mailto:Errisoffice@parkrun.com">Errisoffice@parkrun.com</a>
23-Sep	Galway	parkrun	A free, timed, weekly 5km walk or run in Renville Park, Oranmore, Galway.	Outdoors	Oranmore parkrun	Renville Park, Renville, Oranmore, Co. Galway	<a href="http://www.parkrun.ie/oranmore">http://www.parkrun.ie/oranmore</a>	<a href="https://www.facebook.com/oranmoreparkrun">https://www.facebook.com/oranmoreparkrun</a>	<a href="mailto:oranmoreoffice@parkrun.com">oranmoreoffice@parkrun.com</a>
23-Sep	Roscommon	parkrun	A free timed 5k trail, ideal to run/jog/walk around our park in Castlereas, ages 0 - 100 very welcome, buggies, dogs and young children also very welcome.	Outdoors	Castlereas parkrun	The Demesne Castlereas (near the swimming pool)	<a href="http://www.parkrun.ie/castlereas/">http://www.parkrun.ie/castlereas/</a>	<a href="https://www.facebook.com/Castlereasparkrun/">https://www.facebook.com/Castlereasparkrun/</a>	<a href="mailto:castlereasoffice@parkrun.com">castlereasoffice@parkrun.com</a>
23-Sep	Sligo	parkrun	Free timed 5K run or walk for all ability levels organised by volunteers. The event happens every Saturday morning at 9:30 starting and finishing in Doorly Park	Outdoors	Sligo parkrun	Doorly Park Sligo	<a href="http://www.parkrun.ie/sligo">www.parkrun.ie/sligo</a>	<a href="https://www.facebook.com/slisparkrun/">https://www.facebook.com/slisparkrun/</a>	<a href="mailto:sligooffice@parkrun.com">sligooffice@parkrun.com</a>
23-Sep	Mayo	parkrun	Weekly timed 5Km run/walk aimed at all abilities and age groups	Outdoors	Castlebar parkrun	Lough Lannagh Castlebar	<a href="https://www.parkrun.ie/castlebar/">https://www.parkrun.ie/castlebar/</a>	<a href="https://www.facebook.com/castlebarparkrun/">https://www.facebook.com/castlebarparkrun/</a>	<a href="mailto:castlebaroffice@parkrun.com">castlebaroffice@parkrun.com</a>
23-Sep	Mayo	parkrun	We want to bring communities together at Clare Lake	Outdoors	Claremorris parkrun	Mc Mahon Park/Clare Lake, Ballinrobe Road, Claremorris, Co. Mayo	<a href="http://www.parkrun.ie/claremorris/">http://www.parkrun.ie/claremorris/</a>	<a href="https://www.facebook.com/Claremorris-parkrun-1627994417506930/?ref=page_internal">https://www.facebook.com/Claremorris-parkrun-1627994417506930/?ref=page_internal</a>	<a href="mailto:claremorrisoffice@parkrun.com">claremorrisoffice@parkrun.com</a>
24-Sep	Mayo	parkrun junior	A free time 2K run/walk for juniors aged 4-14 years.	Outdoors	Ballina junior parkrun	Ballina AC Athletic Track, Belleek, Ballina	<a href="http://www.parkrun.ie/ballina-juniors/">http://www.parkrun.ie/ballina-juniors/</a>	<a href="https://www.facebook.com/Ballina-junior-parkrun-172763933745233/">https://www.facebook.com/Ballina-junior-parkrun-172763933745233/</a>	<a href="mailto:ballina-junioroffice@parkrun.com">ballina-junioroffice@parkrun.com</a>
24-Sep	Galway	parkrun junior	A free, timed, weekly 2km walking or running event for children aged between 4 - 14 years old.	Outdoors	Oranmore junior parkrun	Renville Park, Renville, Oranmore, Co. Galway	<a href="https://www.parkrun.ie/oranmore-juniors">https://www.parkrun.ie/oranmore-juniors</a>	<a href="https://www.facebook.com/oranmorejuniorparkrun">https://www.facebook.com/oranmorejuniorparkrun</a>	<a href="mailto:oranmoreoffice@parkrun.com">oranmoreoffice@parkrun.com</a>
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# European Week of Sport 2017

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25-Sep -29-Sep	Sligo	primary schools GAA coaching programme	This is GAA primary school coaching programme in Co	Education, Clubs	GAA	Sligo Primary Schools	<a href="http://sligogaa.ie">sligogaa.ie</a>	<a href="https://www.facebook.com/SligoGAA/">https://www.facebook.com/SligoGAA/</a> <a href="https://twitter.com/sligogaa">https://twitter.com/sligogaa</a>	<a href="mailto:liamog.gormley.gm.sligo@gaa.ie">liamog.gormley.gm.sligo@gaa.ie</a>